

# Anti-Racism Resources

For Parents & Kids – talking about racism, bias, and actions that families can take

- Ground Control Parenting
  - <https://www.groundcontrolparenting.com/>
  - Founded by Carol Sutton Lewis GCP is a resource for Black and Brown children particularly boys with a focus on identity, race and education focused on a conscious parent approach. Sutton is long-time leader expert in the field.
- Beyond the Golden Rule
  - [http://www.tolerance.org/sites/default/files/general/beyond\\_golden\\_rule.pdf](http://www.tolerance.org/sites/default/files/general/beyond_golden_rule.pdf)
  - 56 page book for parents of preschoolers through teen years
- American Academy of Pediatrics
  - <https://www.healthychildren.org/English/healthy-living/emotional-wellness/Building-Resilience/Pages/Talking-to-Children-About-Racial-Bias.aspx>
- Moms of Black Boys United
  - <https://www.mobbunited.org/>
  - All around resource for supporting black boys with political action, advocacy, mental health services and more.
- Raising Race Conscious Children
  - <http://www.raceconscious.org/2016/06/100-race-conscious-things-to-say-to-your-child-to-advance-racial-justice/>
  - NYC blogger with seminars, consultations and tips
- Showing Up for Racial Justice (SURJ)
  - <https://www.showingupforracialjustice.org/actions-that-families-can-take-from-home.html>
  - Toolkits to help multigenerational families be allies and non-racists. How to support protesters and causes for social justice at home and in communities.
- The Conscious Kid
  - <https://www.theconsciouskid.org/organizational-partners>
  - Non-profit devoted to using books, literature to discuss and confront racism. Partners with book publishers, other organizations and children's museums.
- Racial Equality Institute
  - <https://www.racialequityinstitute.com/>
  - An alliance of trainers, organizers and institutional leaders who work to create racially equitable organizations and systems.

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- Embrace Race
  - <https://www.embracerace.org/>
  - Provides communities and parents with resources, including toolkits, webinars and children's books to raise children to be "informed, thoughtful and brave about race."
- How White Families Can Use Media to Raise Anti-Racist Kids
  - <https://www.common sense media.org/blog/how-white-parents-can-use-media-to-raise-anti-racist-kids>
  - Article with tips for parents of all ages, encouraging using media to initiate and maintain discussion with kids about race, stereotypes and inequities.
- STAMPED: RACISM, ANTIRACISM AND YOU – book by Jason Reynolds
  - <https://thekojonnamdishow.org/shows/2020-06-01/kojo-for-kids-jason-reynold-talks-about-racism-and-the-protests>
  - <https://www.common sense media.org/book-reviews/stamped-racism-antiracism-and-you>
  - Reynolds is the national ambassador for young person's literature book for kids – 12 and up.
- Smithsonian's National Museum of African American History and Culture
  - <https://nmaahc.si.edu/learn/talking-about-race>
  - Resources and tools for parents, educators and individuals looking to further the conversation about race.